**Purpose**
The Tiger Recreation - Fitness & Sports’ IM Program conducts a variety of activities designed to provide every student, faculty, and staff member with an opportunity to participate in organized individual and team sports. The program, based on competition between fraternities and independent teams, does not require the intensified training and high degree of skill associated with varsity athletics. An individual’s ability is not considered as important as his desire to enter into the true spirit of competition and good sportsmanship.

**Statement of Risk**
The intramural participant is encouraged to consider his/her personal health and physical condition prior to participation in intramural activities. Such participation involves physical exertion, fundamental skills for that sport or activity, and may involve physical contact. The participant, being aware of any conditions predisposing him/her to injury or illness, and in consideration of the inherent physical exertion and possible contact involved in intramural participation, may wish to seek the advice of a physician prior to participation or may choose not to participate at all.

**INSURANCE:** The intramural program and Tiger Recreation carries **NO INSURANCE.** Therefore, participants are encouraged to purchase insurance that will cover them in the case of an injury occurring as a result of participation.

**INJURIES:** The intramural staff will do everything possible to provide suitable and safe playing facilities with supervision. When available, a certified athletic trainer will supervise students in athletic training who will provide emergency care as needed. In a case of serious injury, the certified trainer's recommendation will be followed.

**PROPER ATTIRE:** All players must wear gym shoes or molded rubber cleats. No street shoes, bare feet, sandals, metal or posted cleats will be allowed. No player may wear jewelry including, but not limited to watches, bracelets, necklaces, earrings, and various body rings.

**Sportsmanship**
H-SC Tiger Recreation Intramural Sports stresses that the participants display good sportsmanship at all times. The department will not tolerate physical or verbal abuse of opponents or officials, unsportsmanlike conduct or any other inappropriate behavior, before, during or following a game or event.

Profane, inappropriate language or obscene gestures, and fighting are a direct violation of Student Conduct Code and will not be tolerated in Intramural activities. These activities will result in an automatic ejection. All violations of Student Conduct Code will be reported. In addition, Intramural Officials and Program Coordinators will impose various penalties based on the severity of the acts. If a team chooses not to share the names of individuals involved in reported incidents, the entire team will be faced with sanctions. In addition, all names on the team roster will be reported to Student Conduct along with a written report of the incident.

Any ejected player must contact the Director within 48 hours. Ejected players face a **minimum** one game suspension, with possible expulsion from the league and participation in other Intramural sports activities. Ejected players have one minute to leave the facility or field. If an ejected player is still within sight or sound of the official or manager the game is an automatic forfeit for his/her team.

**Alcohol is NOT allowed** at any Intramural Activity or contest. If any alcoholic beverages are observed it is an **automatic forfeit** and Public Safety will be contacted. Participants and/or spectators assumed to be under the influence of alcohol or other substances will be ejected from the game/removed from the premises. **Tailgating is NOT allowed!**

**Smoking is NOT allowed** at any Intramural Activity or contest. If you wish to smoke, do so away from the playing area.
SPORTSMANSHIP RATING SYSTEM

Intramural officials and supervisors will give sportsmanship ratings to teams after each contest. These ratings will reflect behavior before, during and after the contest.

**In order for a team to qualify for tournament play they must have the required winning percentage, less than two forfeits and a “B” or better average sportsmanship rating during regular season play.**

*Sportsmanship ratings will be graded A, B, C, D & F and based on the following criteria:*

**Rating A:** Excellent conduct & sportsmanship: Team members cooperate with officials and opposing team. Captain/manager calmly converses with officials about interpretations and calls. The captain/manager has complete control of teammates.

**Rating B:** Good Conduct & Sportsmanship: Team members verbally complain about some decisions made by officials and/or show minor dissension, which do not merit a technical, foul.

**Rating C:** Average conduct & sportsmanship: Team shows verbal dissent towards officials and/or show minor dissension’s which may or may not merit a technical foul or unsportsmanlike conduct penalty. Captain/manager exhibits minor control over teammates but is in control of himself. Teams that receive more than one technical foul/unsportsmanlike penalty may receive no higher that a “C” rating.

**Rating D:** Poor conduct & sportsmanship: Team is completely uncooperative. Captain/manager has no control over teammates or himself.

**Rating F:** Unsportsmanlike conduct: Any team causing a game to be forfeited, other than by not showing, or receives one or more ejection.

**The following actions automatically merit an “F” rating:**

- A player or spectator clearly associated with a team, after being warned about unnecessary roughness jeopardizes the safety of a player or official. *Some cases may result in automatic dismissal from league*
- A player or spectator clearly associated with a team is in possession of alcohol or drugs at an intramural contest. *Some cases may result in automatic dismissal from league*
- A player or spectator clearly associated with a team uses abusive language, obscenities towards an individual or verbally threatens a player or official. *Some cases may result in automatic dismissal from league*

**A team that receives an “F” rating for any of the above actions will be suspended for the next scheduled game and be charged a forfeit**

A team that receives lower than a “C” in a playoff game will automatically be eliminated.

**EJECTED/SUSPENDED INDIVIDUALS:** If a player and/or manager for any team is ejected from play for unsportsmanlike conduct, he will be suspended for the remainder of that game and the following game as well. Before any ejected/suspended individual can be reinstated, he accompanied by the team manager, must appear for review before the Director of Intramurals located in the Fitness Center in Kirby Fieldhouse. This person must make an appointment at the convenience of the Director and suspension is in effect until that meeting is scheduled.
**In the event multiple players are ejected and the penalized team cannot field the required amount of players (Ex: less than 5 for flag football) the game will result in a forfeit.**

**Eligibility**

Hampden-Sydney College students, faculty/staff, and their spouses are eligible to participate in Intramural sports and activities. Intramural teams may not seek sponsorship.

**Ineligibility**

1. Current varsity athletes: Individuals whose names appear on a team roster or eligibility list of an Intercollegiate athletic team at H-SC or any other four year institution, including transfer students, may not participate in a similar Intramural sport during the academic year in which they are so listed.

2. Intercollegiate athletes (this year) who have been red shirted or who have become academically ineligible, or have been barred because of professionalism are not eligible to participate in a similar Intramural sport during the academic year in which they are so listed.

**Ineligibility infractions will result in a "loss" for each game played with ineligible player, and the team will be ineligible for the post-season tournament**

**Team Entry Form/Rosters:**

1. **Roster Limit:** The intramural program has no limit on roster size; however, members may only play on one team in each league. Persons playing for more than one team in the SAME LEAGUE are illegal players and will result in a forfeit for each team they are associated with. **A limited number of IM Champion shirts will be available for each sport**

2. **Complete Entry Forms:** Please submit completed entry forms to the Intramural Director (office located in the fitness center). Entry forms must have each participant’s full name and student ID #. Incomplete entry forms will NOT be accepted.

3. **Roster Changes:** Team Managers may alter their roster through the last week of the regular season. All changes must be approved by the Intramural Director.

***Any player addition must be done 24 hours prior to the game the added player would like to participate. Captains need to e-mail the Intramural Director (rtalman@hsc.edu) in order to add players. Players will not be allowed to add the day of the game***

***Players wishing to be dropped from a team must meet with the Intramural Director at the Director’s convenience. The Intramural Director’s office is located in TigeRec. This must be done by 4:30 p.m. two business days after the player plays his first game with that team. Once a player has followed the proper drop procedures, he is eligible to join any other team for the remainder of the activity. A player may be dropped from a roster one time only, during the regular season. During playoffs, players may not be dropped from rosters.***

4. **Entry Form Deadlines:** Rosters must be turned in by the deadline given. A submitted roster does not insure inclusion in a league, as more teams may apply than can be accommodated. Teams are accepted in order of receipt of roster. Late teams will be added to a waiting list.
Team Managers
Each team must have a manager or representative responsible for the coordination between players and the Intramural Sports program. Duties include:

1. Confirm eligibility of all team members.
2. Submit the required information for each member of his team on an official team roster by the scheduled due date listed on the roster.
3. Attend, or send a representative to attend, the scheduled managers meeting prior to the start of the season.
4. Pick up the team schedule from the Tiger Recreation and notify team members of all scheduled games: date, location, and time.
5. Have team ready to play as scheduled. Schedules may be located on the IM website at the following http://www2.hsc.edu/fitness/intramurals.html.
6. Be familiar with, and make sure team is familiar with and follows Intramural Policies as well as the rules of the sport.
7. Notify Tiger Recreation whenever his/her team must default a contest.
8. Receive all correspondence from Tiger Recreation concerning changes in rules, tournament structure, etc., ineligible players, team conduct at contests, etc.
9. Inform Tiger Recreation immediately of any change of address, telephone number or change in team captain.
10. Share the names of individuals involved in reported incidents.

Protests
Protests, other than those concerning eligibility, must be registered on the field of play before the next play or before the clock is restarted with the officials in charge of the game and should also be brought to the attention of the Intramural Coordinator. Protests will not be received or considered if they are based on a decision involving the accuracy of judgment of the part of the official (i.e., whether a player is "safe" or "out", "fouled" or "not fouled", etc.) If necessary an officials Time Out will be called.

Formal protests must be received within 24 hours of the game in question to be considered.

The Intramural Coordinator will rule on all formal protests after gathering as much information as possible from the team captains and game officials. All protest decisions made by the IC will be final.

Forfeits and Defaults

1. Forfeits
Negotiating forfeits must be done with the IM Coordinator, not the officials. Team Managers will be notified if their team has a recorded forfeit. Forfeits will be recorded if a team shows up past the scheduled playing time, or if misconduct (before, during, or following a game or an event) leads to a forfeit. Forfeits may be determined following a match if there is a report of team or individual misconduct.

If a team or contestant fails to appear at the appointed place (according to the official’s time piece) of the scheduled time for a contest, the game officials will forfeit the game to their opponents. If both teams fail to appear, a forfeit will be charged against each team.

Teams, which arrive at a scheduled contest with less than a full team, may have the option of playing shorthanded. The game will be recorded as a forfeit and may lead to the team being dropped from the league.
Teams will be excluded from tournament play if they show two “failure to appear forfeits” **Note: Action taken on a case by case basis**

2. Defaults

A default occurs when a team captain contacts the Intramural Director one business day in advance to inform him that their team will be unable to attend their contest. The game is recorded as a loss but no further action takes place. This may take place once per sport.

**Schedule and Postponements**

In league tournaments, postponed contests shall be played at any time agreed upon by the two-team managers and the Intramural Coordinator. *Regular season games will NOT be rescheduled*

Games are played, regardless of rain or snow, unless unsafe weather conditions present themselves. You can view the day’s game schedule and field status by visiting the Tiger Rec IM webpage or contact the Intramural or Tiger Recreation office if unsure. Games cancelled due to poor weather conditions will not be rescheduled. Tournament games cancelled due to poor weather conditions will be rescheduled by the following day, time permitting. If a tournament game cannot be rescheduled due to time and weather constraints, the team with the best record based on win-loss percentage and points scored will advance.

**What to do in the event of inclement weather**

Rainout/Cancellation decisions are made no earlier than 3:00 pm on game day. Your Team Manager should call the Tiger Recreation Office (223-7066) or Ricky (223-7221) AFTER 3pm or visit the Tiger Rec Intramural Webpage (www.hsc.edu/fitness) to view the status of the day’s games. Cancellations will result in WINS for both teams. NO rescheduling of regular season games will take place unless approved by IM Sports staff. Check specific sport rules for games cancelled while in progress.