Your Career Options

Making Decisions

Action:

Apply for jobs
Apply to graduate/professional schools

Self-Assessment:
Examine what is important to you when you think about a career

Values: what do you want from a career?
Examples: money, advancement, variety, challenge, helping, etc.

Skills: What skills do you want to use?
Examples: invest, analyze, develop, create, organize, program, etc.

Interests: What career fields are of interest to you?
Examples: art, business, health/medical, communications, etc.

Decision Making:

Make a decision based on the facts you gathered from the research you conducted on specific careers and what feels like the right “fit” for you.

The best decisions, including career decisions, are made based on good information!

Exploration:

Brainstorm and research occupations by career field that you would like to know more about.

Brainstorm and Research: find out how well the career matches your values and skills; find out what is required to go into the field—type of training/education necessary
- See Informational Interview, Networking, & Contacting Alumni handouts
- Career Education Library (Bagby 213)

Get first-hand information on a career of interest:
- Internships
- Volunteering
- Summer/seasonal jobs
- Job shadowing
- Campus Jobs
- Part-time jobs
- Research
- Student activities/clubs

Meet with a Career Coach
See Jennifer Allen in Bagby 209, or 223-6106