The High Adventure program will give you a taste of real adventure around our campus and in our state through planned excursions throughout the academic year. Hiking, kayaking, mountain biking, and rafting, as well as learning to survive in the wilderness, cooking with fire, and bow drill-fire making are just a few of the activities that will challenge you and inspire you.

High Adventure Vision

Our vision is to provide Hampden-Sydney College (H-SC) students and the greater community with quality outdoor experiences that ultimately promote personal enrichment and community enhancement. Through well-organized outdoor adventures, participants will have the opportunity to develop life-long recreational and leadership skills, enhance their abilities to work with others, and gain an appreciation for the natural environments in which we live. Participants of all skill levels are welcome and encouraged to take part.
### High Adventure/Outdoor Education Programming Fall 2019

#### August
- Tues, 27 3–4pm Hike the Wilson Trail
- Thurs, 29 3–5pm Paddle Lake Briery

#### September
- Tues, 3 3–5pm Climbing Wall, High Traverse
- Thurs, 5 3–5pm Climbing Wall, High Traverse
- Tues, 10 3–6pm Zip Line
- Thurs, 12 3–5pm Zip Line
- Tues, 17 3–5pm Paddle Lake Briery Creek
- Thurs, 19 3–4pm Hike the Wilson Trail
- Tues, 24 3–5pm Zip Line
- Thurs, 26 3–5pm Climbing Wall, High Traverse

#### October
- Tues, 1 2–5pm Paddle the Appomattox Blue Way
- Thurs, 3 3–4pm Hike the Wilson Trail
- Fri, 4–Tues, 8 Hatteras Island Adventure
- Fri, 4–Sat, 5 Raft the Gauley River, Outsiders Club
- Thurs, 10 3–5pm Paddle Lake Briery Creek
- Sat, 12 Kayak Camp Lake, Briery Creek
- Tues, 15 3–5pm Zip Line
- Thurs, 17 3–5pm Climbing Wall, High Traversing Elements
- Tues, 22 3–5pm Zip Line
- Thurs, 24 3–4pm Hike the Wilson Trail
- Tues, 29 3–5pm Paddle Lake Briery Creek
- Thurs, 31 7–9pm Hike the Haunted Wilson Trail

#### November
- Sat, 2 10am Rotary Runs 5K
- Tues, 5 3–5pm Climbing Wall, High Traverse
- Thurs, 7 3–5pm Zip Line
- Tues, 12 2–4pm Bike the High Bridge Trail
- Thurs, 14 2–5pm Paddle the Appomattox Blue Way
- Tues, 19 5pm Zip Line
- Thurs, 21 3–5pm Climbing Wall, High Traverse
- Tues, 26 3–4pm Hike the Wilson Trail

#### December
- Tues, 3 2–4pm Climbing Wall, High Traverse
- Thurs, 5 4pm Zip Line
- Tues, 10 3–4pm Hike the Wilson Trail

---

For more information
Scott Schmolesky • sschmolesky@hsc.edu • (434) 223-6717