

ACKNOWLEDGE OF RISK AND RELEASE

I _____
(Printed Name)

of _____
(Full Home Address)

am a student at Hampden-Sydney College and desire to check-out a Bicycle, Kayak, Canoe, SUP from the Director of High Adventure for use around the college campus and beyond. I understand that riding or using a bicycle, the use of a kayak, canoe, or SUP all have some potential of risk whether I am using it in a hazardous manner or by a freak accident. I understand the possibility of injury that may result in the complete or partial impairment of my body and/or general health and well-being.

I recognize and acknowledge that not all of the risks and hazards directly or inherently involved in the use of riding a bicycle or the use of a kayak, canoe, or SUP can be identified or described within. With knowledge that I am accustomed to the use of these items, I affirm that I am voluntarily accepting responsibility and that I assume all responsibility and risk from my participation, including all risk of property damage and injury to others.

To the extent permitted by law, I hereby save, hold harmless, discharge and release the Trustees of Hampden-Sydney College and all of their respective agents, servants, employees and volunteers (collectively, "Releasees"), from any and all liability, claims, causes of actions, damages or demands of any kind and nature whatsoever which may arise from or in connection with my riding a bicycle or the use of a kayak, canoe, or SUP from High Adventure and/or the use of these items.

It is my express intent that this Acknowledge of Risk and Release shall bind the members of my family, estate, heirs, administrators, personal representatives and assigns. I further agree to save and hold harmless, indemnify and defend Releasees from any claim by the aforementioned parties arising out of my use of these items.

I assure the College that I have adequate health insurance necessary to provide for and pay any medical costs that may directly or indirectly result from my use of these items and I will indemnify and hold the College harmless with respect to all such costs. I further assure the College that there are no health-related reasons or problems, which preclude or restrict my use of any of these items. I hereby consent to first aid, emergency medical care and if necessary, admission to an accredited hospital for executing such care or treatment for injuries that I may sustain while participating in any activity associated with the use of any of these named items.

I agree to comply with all rules and conditions with the use of these named items. I understand and agree to ride the bike with a helmet and that the bike should be locked when not in use. I understand and agree to use a lifejacket with any H2O equipment.

Signed: _____ **Date:** _____