

# GOOD CITIZENS: **SCREEN DAILY**

## HAVE YOU HAD:

- a new fever (100.4° or higher) or a sense of having a fever?
- a new cough that cannot be attributed to another health condition?
- new shortness of breath or difficulty breathing that cannot be attributed to another health condition?
- new chills that cannot be attributed to another health condition?
- a new sore throat that cannot be attributed to another health condition?
- new muscle aches (myalgia) that cannot be attributed to another health condition or specific activity (such as physical exercise)?
- a new loss of taste or smell?
- close contact (within 6 feet for 15 minutes or more) with someone in the past 14 days with suspected or confirmed COVID-19?
- new onset of nausea, vomiting or diarrhea not attributed to another health condition

**If you answered "yes" to any of the above, please do not come to work. Call your doctor and your supervisor.**

**IF IN DISTRESS, CALL 911**

## WHEN TO SEEK EMERGENCY MEDICAL ATTENTION:

Look for emergency warning signs\* for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- trouble breathing
- persistent pain or pressure in the chest
- new confusion
- inability to wake or stay awake
- bluish lips or face

*\*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.*

## CALL 911 OR CALL AHEAD TO YOUR LOCAL EMERGENCY FACILITY:

Notify the operator that you are seeking care for someone who has or may have COVID-19.

**HSC.EDU/COVID19**

