

TIGER TRACKS



PREPARING FOR A CAREER IN

HEALTH PROFESSIONS



The College's rigorous liberal arts foundation provides aspiring doctors with essential critical thinking skills, scientific knowledge, and communication abilities that medical schools actively seek. Through guaranteed admission agreements with Eastern Virginia Medical School, VCU School of Medicine, and other premier programs, qualified students can secure their path to medical school while still an undergraduate.

ACADEMICS

Students interested in health professions complete foundational coursework in biology, chemistry, physics, and organic chemistry with corresponding laboratory components, meeting medical school prerequisites while pursuing their chosen major. The curriculum emphasizes advanced sciences including biochemistry, microbiology, and genetics, while courses like English Etymology help students master medical terminology.

CO-CURRICULAR ACTIVITIES

The Pre-Health Society connects students with guest speakers, hospital visits, and networking opportunities while exploring current medical ethics and industry challenges. Students gain practical experience through the H-SC/Centra Rotational Shadowing Program, emergency medical technician training with the volunteer fire department, and research opportunities with faculty members. The Wellness Center employs student workers who gain firsthand experience family medicine practice.

INTERNSHIPS

Hampden-Sydney College ranks among The Princeton Review's top 25 best schools for internships, reflecting the institution's commitment to experiential learning opportunities. Students may receive academic credit for internships through designated coursework. The College offers internship scholarships to help offset financial constraints, ensuring that summer experiential learning opportunities.

POST-GRADUATE OPPORTUNITIES

Graduates pursue advanced study through guaranteed admission programs with several prestigious medical schools. Other partnerships include physical therapy at Lynchburg College and occupational therapy programs at Mary Baldwin University. The College's strong academic preparation and professional connections ensure that graduates gain acceptance to competitive programs nationwide.



HAMPDEN-SYDNEY COLLEGE



"H-SC's liberal arts education set the foundation for me to think critically as a scientist."

—Brian Taylor '95

Program Director at Advanced BioScience Laboratories

"If I hadn't gone to Hampden-Sydney, I wouldn't be doing what I'm doing right now."

—Scott Nickerson '95

Senior Vice President at Moderna



Graduate Agreements

- Eastern Virginia Medical School
- University School of Medicine
- The George Washington School of Medicine
- Lynchburg College Doctor of Physical Therapy Program
- Mary Baldwin University



Hampden-Sydney Resources

Majors and Minors

From economics and literature to physical sciences and fine arts, you can choose from 50+ majors, minors, and special programs to help you find your passions, gifts, and purpose.



go.hsc.edu/majors

Career Center

The Career Center offers coaching sessions and weekly workshops to help students navigate the journey from exploring a career to finding a job.



go.hsc.edu/careers