

## Notices Regarding Your Medical Plan

- The VPC Benefits Consortium health plan generally allows the designation of a primary care provider (this designation is no longer required on our HMO/POS plans). You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. For information on how to select a primary care provider, and for a list of the participating primary care providers, logon to [www.anthem.com](http://www.anthem.com) or call Anthem Customer Service at **1-833-597-2358**.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from our group health plan or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact Anthem Customer Service at **1-833-597-2358** or logon to [www.anthem.com](http://www.anthem.com).

**Reminder:** On May 6, 2011, Virginia Governor Bob McDonnell signed new legislation into law which mandates coverage for the diagnosis and treatment of Autism Spectrum Disorder (ASD). Treatment includes Applied Behavior Analysis (ABA). In order to be covered, services must be provided by licensed, Board Certified behavior analysts. Effective January 1, 2012, Virginia insurers must provide these benefits for children from **ages 2 to 10**.

The VPC Benefits Consortium is not subject to this state mandate. However, effective January 1, 2012, our Board elected to adopt coverage for ASD, as outlined within the new law. Specifically, benefits will be provided for (1) autistic disorder, (2) Asperger's syndrome, (3) Rett syndrome, (4) childhood disintegrative disorder, and (5) Pervasive Developmental Disorder – not otherwise specified, as defined by guidelines established by the American Psychiatric Association.